

Margaret Haes Riding Centre  
Moor Road , Holcombe , Bury BL8 4NX

COVID-19 – Information for Riders (amended 27 April 2021)

**The following must be followed to help prevent exposure to COVID-19 and to ensure all riders, staff and other visitors remain safe:**

**Bookings:**

The only lessons available are private (one to one) lessons, or semi-private i.e. up to 4 riders.

Riders must be able to mount and dismount safely on their own. You will also need to be able to adjust your girths and stirrup lengths following instruction and under the supervision of our Instructor. You may have someone from your household to briefly assist to hold the horse to help you mount and dismount, and make any adjustments to girth or stirrups. They may lead the pony if we assess they are capable and we know they can do this safely.

All lessons are pre booked.

If a new rider, all registration and other forms to be downloaded from web site [www.mhrc.co.uk](http://www.mhrc.co.uk) and emailed to [mhrc@hotmail.co.uk](mailto:mhrc@hotmail.co.uk)

The normal weight limit of 14 stone for riders still applies and riders will be weighed on the first visit.

Card payments only for lessons. No cash payments.

We are legally required to log details of all riders and those accompanying, as well as volunteers, staff and other visitors on site at the Riding Centre. You can check in to the Riding Centre using the NHS QR Posters now on display and the NHS Covid-19 app. If you do not use the app, we will rely on our rider sheets as to which riders attended and will ask for the number accompanying the rider.

Those accompanying our younger riders will be allowed to watch a lesson by keeping spread out on the site. Preferably, accompanying adults will remain in their vehicle. Other than that, spectators are not encouraged.

**Health:**

Temperature checks will be made for all riders on arrival and on every visit. Any visitors not staying in their cars whilst on site will also be temperature checked.

**If you have symptoms ....**

If you have symptoms (cough, temperature or lack of taste/smell) then please do not come to the Riding Centre for 14 days. Please stay home and seek help. Members of your household must also self isolate and not attend the Riding Centre. If you have symptoms and get a test which is negative then you and your household members can stop self isolating and come back to the Riding Centre.

Margaret Haes Riding Centre  
Moor Road , Holcombe , Bury BL8 4NX

**If a member of your household has the COVID virus..**

If a member your household has tested positive for the COVID virus then please stay away from the Riding Centre for 14 days and then only return if you feel well and have no symptoms.

**If you feel well and no symptoms..**

If you have been in contact with someone from outside your household who is tested positive for COVID, then please do not come to the Riding Centre for 14 days even if you feel well and have no symptoms. Members of you household including sisters or brothers, can still come to the Riding Centre. Even if you have a test and it is negative you must still stay away from the Riding Centre. This is because you may still have the virus but not yet detectable by the test.

**If sent home from school/college with classmates..**

We have had recent questions about schools sending home classes or whole years as someone has tested positive for the COVID virus. If one of our riders is sent home from school with many of his/her classmates but has no symptoms they must stay away from the Riding Centre for 14 days. That's even if they feel well and even if they get tested and it is negative. However, members of their household who also ride or support us, can come to the Riding Centre.

**If you are vulnerable ...**

Please do not attend the Riding Centre if you are pregnant, over 70 years or under 70 years with an underlying health condition identified by the Government, such as diabetes, asthma, weakened immune etc.

If you need to bring other children from your household as well as the child riding, then you are responsible for making sure all follow the social distancing kept to 2m and there will only be a small area for them to sit and wait. No wandering around the site please.

**What to Bring and What to do:**

Only travel to and from the Riding Centre on your own or with someone from own household and you should consider all other forms of transport before using public transport.

Preferably you will have your own riding hat which meets certain standards see separate sheet e.g. PAS 015 with a Kitemark . We strongly advise that you have your own hat but we can offer a riding hat and then hold this for 72 hours before its next use.

You will need your own gloves which must be worn at all times and, if you use ,your own crop.

Please come in clean clothes to help us protect the site.

At all times respect the 2 m social distancing.

Margaret Haes Riding Centre  
Moor Road , Holcombe , Bury BL8 4NX

When arriving at the Riding Centre by car please park in marked bay and stay in the car until the previous lesson has left the site and we ask you to come forward.

If you are accompanying another member from your household, then please stay in the car, unless you are needed, for example, by your child or to pay for the lesson.

For all visitors, please no wandering around the site.

On arrival please use sanitiser near Office as soon as you get out of the car.

If arriving on foot, please go straight to area near the outdoor arena and wait, and please use sanitiser at Office.

Please use disposable gloves over your riding gloves or wipe your own gloves with sanitiser before riding.

Please avoid arriving too early for your lessons as you will have to wait in the car until those in the other lesson have left the site.

The horse will be brought to the arena ready, tacked up and tied up. The Instructor will advise what to do and as soon as the lesson is over dismount and leave the site.

**Other:**

All horse tack will be wiped down with mild disinfectant after use.

The Toilet is available for use. It will be wiped down with disinfectant after use.

No drinks available other than water

Finally, if you have been having lessons with us and then develop symptoms kindly please let us know by telephone, email or message.