

Margaret Haes Riding Centre  
Moor Road , Holcombe , Bury BL8 4NX

Code of Conduct for Riders for COVID-19

**The following must be followed to help prevent exposure to COVID-19 and to ensure all riders, staff and other visitors remain safe:**

**Bookings:**

The only lessons available are 30 minute private (one to one) lessons at £22, or semi-private i.e. 2 riders from the same household £18 each or a donation if a disabled rider.

Riders must be able to mount and dismount safely on their own. You may have someone or from your household, possibly two people, to briefly assist to hold the horse if we know they can do this safely.

You will also need to be able to adjust your girths and stirrup lengths following instruction and under the supervision of our Instructor.

You must be comfortable riding at walk and trot.

All lessons are pre booked.

If a new rider, all registration and other forms to be downloaded from web site [www.mhrc.co.uk](http://www.mhrc.co.uk) and emailed to [mhrc@hotmail.co.uk](mailto:mhrc@hotmail.co.uk)

The normal weight limit of 14 stone for riders still applies and riders will be weighed on the first visit.

All lessons will be in the outdoor arena or a hack out. The indoor arena is not in use.

Card payments only for lessons. No cash payments.

**Health:**

Temperature checks will be made for all riders on arrival and on every visit. Any visitors not staying in their cars whilst on site will also be temperature checked.

If you as the rider, or the person coming with you, have symptoms (cough, temperature or lack of taste/smell) then please do not come to the Riding Centre. Please stay home and seek help.

If someone in your household is ill with similar symptoms, then please do not come to the Riding Centre. Please stay home and seek help.

Please do not attend the Riding Centre, even if accompanying a young rider, if you are pregnant, over 70 years or under 70 years with an underlying health condition identified by the Government, such as diabetes, asthma, weakened immune etc. then please stay at home.

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If you need to bring other children from your household as well as the child riding, then you are responsible for making sure all follow the social distancing kept to 2m and there will only be a small area for them to sit and wait. No wandering around the site please.

### **What to Bring and What to do:**

Only travel to and from the Riding Centre on your own or with someone from own household and you should consider all other forms of transport before using public transport.

You will need your own riding hat which meets certain standards see separate sheet e.g. PAS 015 with a Kitemark .

You will need your own gloves which must be worn at all times and, if you use ,your own crop.

Please come in clean clothes to help us protect the site.

At all times respect the 2 m social distancing.

When arriving at the Riding Centre by car please park in marked bay and stay in the car until the previous lesson has left the site and we ask you to come forward.

If you are accompanying another member from your household, then please stay in the car, unless you are needed, for example, by your child or to pay for the lesson.

For all visitors, please no wandering around the site and respect barrier tape.

On arrival please use sanitiser near car parking bay as soon as you get out of the car.

If arriving on foot, please use sanitiser at entrance gate before entering the Riding Centre.

Please use disposable gloves over your riding gloves or wipe your own gloves with sanitiser before riding.

Please avoid arriving too early for your lessons as you will have to wait in the car until those in the other lesson have left the site.

The horse will be in the arena ready, tacked up and tied up. The Instructor will advise what to do and as soon as the lesson is over dismount and leave the site.

### **Other:**

All horse tack will be wiped down with mild disinfectant after use.

The Toilet is available for use. It will be wiped down with disinfectant after use.

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No drinks available other than water

Our normal Rider Code of Conduct still applies

Finally, if you have been having lessons with us and then develop symptoms kindly please let us know by telephone, email or message.

**Acceptance:**

**Rider Name**

**Signature:**

**(Add name and relationship if signed on behalf of the rider e.g. signing on behalf of a child)**

**Date:**